

Learn To Ice Skate Tot Lessons!

ISI Tot Group Lessons – Ages 3, 4 & 5 only. We will not take children younger than 3. Classes are held on Thursdays from 6:30pm to 7:00pm. We will offer 5 five-week sessions @ \$40.00 per participant per session. Skate rental is included, if needed. Class is 25 minutes of instruction and 5 minutes of free time at the end.

Children **must** have a helmet and gloves. There is a limit of participants per session, so register early to avoid disappointment. You may sign up for more than one session at a time and most children will participate in all sessions.

Below is a list of our sessions:

- Session 1: September 29, 2011 to October 27, 2011
- Session 2: November 3, 2011 to December 8, 2011
(off Nov. 24, 2011)
- Session 3: December 15, 2011 to January 19, 2012
(off Dec. 29, 2011)
- Session 4: January 26, 2012 to February 23, 2012
- Session 5: March 1, 2012 to March 29, 2012

Important Guidelines:

- Never force a child on the ice. Allow them to walk around on the rubber floor to get used to the feel of the ice skates. Remember everyone has an “off” day.
- All participants must wear a helmet. Light clothing, easy to move in and gloves are necessary also. Bulky coats and snow pants are not needed.
- Once your child is on the ice with our instructors, please watch them from the bleachers. When parents stand at the gate door to watch, the child does not pay attention to the instructors. Walkers are used only if needed. Children will not learn to balance and stride with a walker.
- Only coaches, employees and participants are allowed on the ice surface. **Do not ever walk on the ice surface to get your child.**
- 30 minutes is a long time for a young child to stay on the ice. Expect them to take a break for the bathroom or to talk to you. Encourage them to return to the ice after their break. Attention spans, as you know, are short for this age!
- If there is a behavior problem the child will be removed from the ice and taken to the parent in the hopes that the parent can explain and enforce the proper behavior. If the problem persists the child will not be able to continue being a part of the class.

Remember these are group lessons, not private one-on-one instruction. Our instructors know what it takes to teach a young child to skate and will never force a child to learn. Be patient with our staff and your child.

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ISI Tot Lessons

Child's Name _____

Parent's Name _____

Address _____

City _____ Zip _____

Child's Birthday _____ M ___ F ___

Phone Number (724) _____ Child's Age: 3 ___ 4 ___ 5 ___

Email Address: _____

<u>Session Enrolled:</u>	<u>Start Date</u>
Session 1 _____	09/29/11
Session 2 _____	11/2/11
Session 3 _____	12/15/11
Session 4 _____	1/26/12
Session 5 _____	3/1/12

How Paid: Cash ___ Check # ___ Charge ___

Release of Liability

The undersigned parent or guardian of the child who is an applicant participating in the ISI Tot Lesson program administered by the Kirk S. Nevin Arena, releases said Nevin Arena and those acting for it from any and all liability whatsoever for any and all injuries sustained by said child who is participating in any phase of the ISI Tot Lessons program.

Signature of parent/guardian

print name